

SPECIMEN TESTS

- 1. Biological Terrain Assessment (BTA):** This test measures the internal biochemical environment of the body via urine and saliva (& blood prediction) test. It assesses underlying causes of imbalances by looking at the cells, tissues, organs, glands and body systems. Three important factors are tested: pH (acid/alkaline), rH2 (free radical/oxidative activity) and r (resistivity/mineral content).
- 2. Water Test:** This test measures your water to determine whether it is suitable to consume for optimal health. It is done via the same method as the BTA (above) and tests the same three important factors as well as the overall energy of the water.
- 3. Iodine Deficiency Test:** This is a patch test (dab of iodine onto the skin) to determine iodine deficiency.

ORAL-SPECIMEN TESTS

- 1. Mineral Deficiency Test:** This test checks for deficiencies in macro– and trace minerals: chromium, copper, magnesium, manganese, molybdenum, potassium and zinc. *[Can also do a zinc deficiency test on its own]
- 2. Saliva pH Test:** This test determines the acidity/alkalinity of the saliva.

URINE-SPECIMEN TESTS

- 1. Adrenal Test:** This tests the amount of stress placed on your adrenals and determine whether they are functioning normally or stressed or fatigued.
- 2. Calcium Test:** This checks calcium levels and determines if it is normal, too high or too low.
- 3. Urine Chemistry Profile:** This is an extensive panel of urinalysis and it measures the levels of the following: colour, clarity, odour, pH, Specific Gravity, leukocytes, nitrites, protein, glucose, ketones, urobilinogen, bilirubin and blood.
- 4. Oxidative Stress Test:** This test measures the level of free radical damage, due to oxidation.
- 5. Heavy Metal Test:** This checks which, and to what degree, heavy metals are present in the body.
- 6. Vitamin C Test:** This tests measures the level of Vitamin C in the body in determining whether there is an excess or deficient amount.
- 7. Menopause Test:** This test measures the level of FSH (Follicle Stimulating Hormone) to detect menopause.
- 8. Malabsorption Test:** This urine test measures the level of toxicity in the intestinal tract.

STOOL-SPECIMEN TESTS

- 1. Occult Fecal/Stool Test (Take Home Test) :** This test detects gastrointestinal bleeding disorders.